Conditions of Entry

By entering the race, you agree to abide by these Conditions of Entry and any race instructions given to you by the organisers and officials of the Awyr Las 5K and Fun Run, 2016. All entrants and supporters take part at their own risk.

For reasons of safety: Entries are not permissible from people on roller skates, wheelbarrows or carrying various objects for charity etc in any race unless prior consent has been granted by the event organisers. Children in pushchairs are permitted in the 1K only.

Entry Fee: All entry fees, related tickets and purchases are non-refundable. No transfers between races or transfer of places to another runner. We do not operate a deferment system.

No Animals: Animals will not be permitted with the exception of guide dogs; arrangements for guide dogs must be made with the organisers ahead of the event.

Medical Condition: It is recommended that you train for the run and prepare for the challenge. All participants are strongly advised to consult their doctor prior to undertaking any exercise programme or running event. It is the responsibility of all participants to ensure they are medically fit to participate in the event.

Race Memento: Only finishers will receive a medal and goody bag. Race numbers are NOT interchangeable. Non-participants are NOT eligible for race mementos.

Use of Image: By entering the race you give permission for the free use of your name, voice or picture in any broadcast, telecast, advertising, promotion or other account of this event.

Event Cancellation: The event will only be cancelled or postponed due to unforeseen and unavoidable circumstances. In such an eventuality all participants will be notified by email as soon as possible. The organisers shall not be liable in respect of any entry fees, costs and expenses you may incur as a result of such cancellation or postponement.

Collection & Use of Information: You acknowledge and agree that your personal information (including medical information entered on your race number or collected by Event staff during or after the Event) can be stored, used and disclosed by the Organiser in connection with the organisation, promotion and administration of the Event and for the compilation of statistical information.

Data Protection: The Awyr Las 5K and Fun Run comply with the Data Protection Act 1998 and you have the right of access to personal records held on the organiser's computer on written request. Your name will be added to the organiser's mailing list so that we can keep you informed about the other events and activities of the event organisers.

Race Numbers: For safety reasons and primarily for identification by medical staff, the swapping, sale, resale or transfer of race numbers is strictly prohibited. Participants must complete their details and sign the back of their race number prior to the event.

Race Ejection: The organisers reserve the right to refuse an entrant's attendance at or participation in the Awyr Las 5K or Fun Run. We strive to organise safe and enjoyable running events and hope that you will help us

in achieving this. Any participant who is found in breach of these terms and conditions will be excluded from future events. Please do not put someone else at risk.

Fun Run: Participants aged 0-8 in the 1mile Fun Run must be accompanied by an adult (parent, friend or relative).

5K Run: Participants aged 11-16 do not have to be accompanied by an adult unless there is a special requirement that necessitates adult accompaniment.

Change of Address: If your address details change after you have submitted your application you must notify the organisers by email awyrlas@wales.nhs.uk .

Organiser: The organiser is Awyr Las / Blue Sky, North Wales' NHS Charity. Registered Charity Number: 1138976. Awyr Las Fundraising Support Team, Ysbyty Gwynedd, Penrhosgarnedd, Bangor, LL57 2PW.

This race is affiliated with Welsh Athletics.

In partnership with the Betsi Runaways running club and Plas Newydd, National Trust.